



BIB COLOURS		Distance	Aid Station
	Kids Dash Start 12 noon	1.9km	0km
	Tour (short) Start 10:30am	9km	6km
	Discovery (medium Start 10am	13.8km	6,9 km
	Expedition (long) Start 9am	20.6km	6, 12, 16km
	Expedition 2nd lap		



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- Marshal Point
- Aid Station
- Unmanned Aid Station